

# APPENDIX I

*For Use With Chapter Two*

## Prayer Service Using Water and Candles

The Scouts now can use some or all of the projects completed in this chapter. Where there is a group of Scouts working together, the order of worship for the prayer service is very easy. Let the Scouts develop their own service. The renewal of baptismal promises can be found in the Appendix B of the Scout Manual under the section titled "Renunciation of Sin and Profession of Faith."

**A possible prayer service follows:**

**Needed:** One large lit candle, A bowl of water, A candle for each Scout, Any banners created in the Chapter 2 requirements, Roll of paper towels.

Begin in a darkened room with the Scouts gathered in a circle around the lit candle and bowl of water. Explain that we are gathered here to reflect upon our own baptism and to renew our commitment made at baptism. After a period of prayerful silence have one of the Scouts share an appropriate prayer that he has written. Using the renewal of the baptismal promises in Appendix B in Scout Manual ask the Scouts:

**Leader:** "Do you reject Satan"

Scouts: "I do"

**Leader:** "What does it mean to reject Satan?"

Scouts: (accept appropriate answers)

**Leader:** "Do you reject all his works and all his empty promises?"

Scouts: "I do"

**Leader:** "What does it mean to reject his works?"

Scouts: (accept appropriate answers)

**Leader:** "Do you believe in God, the Father almighty, creator of heaven and earth?"

Scouts: "I do"

**Leader:** "Do you believe in Jesus Christ, his only son, our Lord, who was born of the Virgin Mary, was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father?"

Scouts: "I do"

**Leader:** "Do you believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting?"

Scouts: "I do"

**Leader:** "What does believing in God, Jesus, and the Holy Spirit mean to you?"

Scouts: (accept appropriate answers)

**Leader:** "This is our faith, it is the faith of the church, it is the faith in which you were baptized. We are proud to profess it in Christ Jesus our Lord."

Scouts: "Amen."

Next use the bowl of water in the center of the circle. Have the Scouts wash the hands of the person on their left one at a time, saying, "**Remember you were reborn with water.**" The counselor should be the first to perform this task, and the last to have his/her hands washed, thus the circle is complete. Paper towels may be needed to dry hands.

Have the Scouts share any petitions they wrote in Chapter 2.

After they have all finished, explain the symbol of the candle as the light of Christ, noting how the one flame drives the darkness of night away. In the Bible, darkness of night symbolized sinfulness, or the absence of Christ.

Instruct each Scout to think for a minute about how he recognizes the presence of Christ's light in the person to his left. Is there something he does, or an attitude he has that reminds us of Christ's presence in his life. After a brief pause, the **Leader** takes an unlit candle, lighting it from the center candle.

He/she gives it to the person on his/her left, saying "**I see Christ present in your life because....**". The Scouts do the same, one by one, around the circle.

Have a Scout share a closing prayer that he has written.

Recommendation: Let them keep the candles they have received.

# APPENDIX J

*For Use With Chapter Three*

## Gifts of the Holy Spirit Prayer Service

Needed in the center of the circle: Bible opened to 1 Corinthians 12:4-11 and a lighted candle. Have available a separate piece of paper for yourself and each person in your AAD group with the statement, "Some of the gifts and talents of the Holy Spirit I see in (Scout's name) are:" See Appendix K – Gift Inventory

Create a prayerful environment by having the Scouts seated in a circle in a comfortable room with subdued lighting.

Open the service with a prayer asking God's Spirit to be with us (composed by a Scout or you). Then have one of the Scouts read 1 Corinthians 12:4-11. At this point, share with the Scouts your reflections on what the group has learned and experienced about their gifts of the Holy Spirit. Bring their discussions and service projects into your reflection. End your reflection with a statement, "We often fail to recognize many of the gifts of the Holy Spirit present within ourselves."

Now, quietly distribute the GIFT INVENTORY sheet (see Appendix K) to the person to the left of the name on the sheet. Ask each member of your AAD group to list one or more special gifts or talents that they see in the individual. Quietly pass the individual sheet from person to person until all have added their thoughts. Then return the sheet to its owner. The Scouts may wish to explain to one another why they listed various gifts and talents. This requirement should be a positive and uplifting experience, and conducted in a prayerful manner.

After the sharing has finished, close the service with a prayer reflecting the powers of the Holy Spirit within the group. Call upon God to help us use these powers/gifts to be effective witnesses.



# APPENDIX L

*For Use With the OLD Chapter Four – NO LONGER REQUIRED in 2014*

## Eucharistic Meal Service Example

Have the Scouts prepare a formal meal for their parent(s), and the family of the counselor. The Scouts should be responsible for the planning, cooking, serving, and cleaning up afterwards of the entire meal. The fact that the group has completed the first half of the program can be the official reason for the meal.

If you choose this alternative, do not have the Scouts do 1b. In its place, they will be buying and preparing the food. Your role as counselor is to supervise the meal and its preparation and not do it.

Note: we are paralleling the Last Supper setting. It would be best if tables were arranged in such a manner that various families can sit together. Families should not be isolated from one another.

You have a choice of two possible programs to be used during the meal. The first is to have the boys tell different experiences that they have had in this program. This should be informal table conversation style, not a formal presentation.

The second format would be similar to the first, only the meal is started by a reading of the Last Supper from Matthew 26:17-35. The table conversation should take place as in the first format. The goal of this is for the Scouts to experience an intimate meal setting that parallels the Eucharist and the Last Supper.

# APPENDIX M

*For Use With Chapter Five*

## Reconciliation Prayer Service

Have the Scouts gathered in a circle around a lit candle. Explain that we are gathered here to reflect upon our sins. After a period of prayerful silence, begin the service.

**Leader:** God of wisdom and compassion, who has given us another day to use our gifts and talents for the sake of others, inspire us with renewed commitment and energy.

**All:** Let us give thanks for God's blessings.

**Hymn:** *Amazing Grace, how sweet the sound, That saved a wretch like me. I once was lost but now am found, Was blind, but now I see.*

**Leader:** Instill in us a lively awareness of the need for reconciliation with others in our community and our Church. Help us to heed your call to be messengers of the religious and moral values that are necessary for building a true and lasting peace.

### **Examination of Conscience**

**Leader:** We will now all call to mind our sins through an examination of conscience (*pass out handouts from Appendix N – Allow everyone time to read it and call to mind their sins – After all have read the handout, continue*).

### **Gesture of Forgiveness**

**Leader:** Lord, create in us an understanding of how our sins hurt us and others around us. Help us to overcome our failings as humans. Will everyone kneel, and bow their heads while silently asking for forgiveness for their sins.

### **Act of Contrition**

**All:** O my God, I am heartily sorry for having offended You, and I detest all my sins, because of Your just punishments, but most of all because they offend You, my God, Who are all-good and deserving of all my love. I firmly intend, with your help, to sin no more and to avoid whatever leads me to sin.

# APPENDIX N

*For Use With Chapter Five (and with Appendix M)*

## Reconciliation Prayer Service (*cont'd*) Examination of Conscience

### **1. You Shall Have No Other Gods Besides The Lord Your God.**

- Do I love God above all things?
- Is He number one in my life or do I put myself before God?
- Has money and pleasure become more important to me than God?
- Do I pray often?
- Have I neglected my friendship with God by neglecting prayer?
- Have I been involved with occult or superstitious practices?

### **2. You Shall Not Take The Lord Your God's Name In Vain.**

- Have I ever committed perjury, that is, lied under oath in a court?
- Have I ever lied after "swearing to God" that I am telling the truth?
- Have I ever used God's name out of anger, that is, as a curse?
- Do I use the phrase OMG?

### **3. Keep The Sabbath Day Holy.**

- Have I deliberately missed Holy Mass on the Sabbath?
- Have I ever missed Mass on a Holy Day of Obligation?

### **4. Honor Your Father And Your Mother So That You May Live Long And Flourish.**

- Do I disobey my parents?
- Do I fail to respect them?
- Do I swear at them?
- Am I ashamed of them?
- Do I let them know I love them?
- Do I lie to them?
- Do I steal from them?
- Am I obeying and honoring those in place of my parents, such as teachers and principals?

## **5. You Shall Not Kill.**

- Am I killing myself by taking illegal drugs, such as marijuana?
- Am I abusing alcohol?
- Have I ever counseled anyone to have an abortion?
- Do I stand up for the unborn child's right to life?
- Have I used abortion inducing drugs or encouraged anyone to?
- Did I participate in or approve of euthanasia or "mercy-killing"?
- Have I murdered anyone's reputation by deliberately spreading rumors?

## **6. You Shall Not Commit Adultery.**

- Have I ever had sex with anyone?
- Have I had sex with myself?
- Have I ever watched pornography?
- Have I ever freely and deliberately entertained impure thoughts?
- Have I practiced any form of contraception?
- Am I modest in dress?

## **7. You Shall Not Steal.**

- Do I steal from my parents?
- Do I steal from friends?
- Have I ever stolen from a stranger?
- Have I stolen any property from a store?
- In other words, have I ever taken what rightfully belongs to another?
- Do I seek to share what I have with the poor and needy?

## **8. You Shall Not Bear False Witness Against Your Neighbor.**

- Am I a liar?
- Am I guilty of detraction, that is, making known the faults of others?
- Am I guilty of slander, that is, spreading lies about someone?
- Do I gossip about others?
- Do I reveal information that should be confidential?

## **9. & 10. You Shall Not Envy Your Neighbor's Wife And Goods.**

- Am I envious of others?
- Do I wish that others be deprived of the goods or talents that are theirs?
- Am I jealous of others?
- Do I harbor unforgiveness and grudges against others?
- Am I a resentful person?
- Do I put down others?



# **APPENDIX O**

*For Use General Use by Counselors*

## **The Sacraments of Initiation**

**Chapter 2: Baptism**

**Chapter 3: Confirmation**

**Chapter 4: Eucharist**

## **The Sacraments of Healing**

**Chapter 5: Reconciliation**

**Chapter 6: Anointing of the Sick**

## **The Sacraments of Service (Commitment)**

**Chapter 7: Holy Orders**

**Chapter 8: Marriage**

# APPENDIX P

*For Use General Use by Counselors*

## ITEMS USED AT MASS

### Books



#### **Sacramentary**

Contains the opening prayer, prayer over the gifts, prayer after communion, and solemn blessings, Eucharistic prayers and prefaces for all of the Masses, including special occasions.



#### **Book of the Gospels**

This book contains the gospel reading for each Sunday of the three-year cycle, plus all solemnities, feasts, and ritual Masses that are celebrated throughout the liturgical year. Carried in procession by the deacon if it is used.



#### **Lectionary**

Contains the scripture readings for Mass. It is carried in the procession by the lector and placed on the ambo.



#### **Hymnal/Missalette**

Contains all the parts of the mass for a specific season in the liturgical year including instructions on when to stand, sit, or kneel.

## Objects



**Chalice**  
(CHAL-  
is)  
The large  
cup used at  
Mass that  
holds the  
wine which  
becomes

the Blood of Christ.



**Paten** (PAT-  
en)  
A saucer-like  
disk or dish  
which holds the  
bread which

becomes the Body of Christ.



**Ciborium**  
(si-  
BORE-  
ee-  
um)

A vessel used to hold the  
Hosts which will be used for  
communion. They are also  
used to reserve the Blessed  
Sacrament in the  
tabernacle.



**Decanter or  
Flagon** (FLAG-  
un)

The bottle or  
pitcher like  
vessel used to

hold the wine which will be  
consecrated at mass for the  
communion of the people. It is  
brought forth with the gifts.



**Communion  
Cups**  
Chalice like  
vessels used at  
communion  
when  
the people  
receive from the

cup. They are kept on the  
Credence Table and  
brought to the Altar at  
communion time.



**Corporal**

A white linen cloth on  
which are placed the  
vessels containing the  
bread and wine during

Mass which will become the Body  
and Blood of Christ.



### **Purificator**

A white cloth used to cleanse the chalice. It resembles a

napkin.



### **Pall (PAHL)**

The stiff, square, white cover that is placed over the paten when it is on the chalice.



### **Tabernacle**

The shrine or receptacle either round or rectangular that

serves as a place for the exclusive reservation of the Blessed Sacrament. It should be of solid material, opaque, secure and inviolable, fitting the architecture of the church in a preeminent place.



### **Censor & Boat**

The Censor, also known as the Thurible, is used at solemn occasions to incense the bread and wine after the offertory, or the priest, or the congregation. The Boat holds the incense until it is placed in the censor by the celebrant.



### **Monstrance**

A sacred vessel designed to expose the consecrated Host to the congregation either for

adoration in church or carrying in procession, particularly on the Solemnity of the Body and Blood of Christ.



### **Sanctuary Lamp**

An oil lamp or wax candle that burns near the tabernacle. It is always lit whenever the Blessed Sacrament is reserved in churches or chapels as a sign of honor shown to the Lord.

## Vestments



### **Alb**

A long white garment which can be used by all liturgical ministers. It is a reminder of the baptismal garment worn when the new Christian "Put

on Christ."



### **Cincture**

A long cord used for fastening albs at the waist. It holds the loose-fitting type of alb in place and is used to

adjust it to proper length. It is usually white, although the liturgical color of the day may be used.

## **Liturgical Colors for Chasuble, Dalmatic and Stoles**

- **Green** - Worn during "Ordinary Time." Ordinary does not mean ordinary in the sense of common or normal. Ordinary means counting, as in the 15th Sunday in Ordinary Time.

- **Red** - Worn on Passion (Palm) Sunday, Good Friday, Pentecost Sunday, and on the Feast Days of Martyrs including the Apostles and Evangelists.

- **Violet** - Worn during Advent and Lent or at Masses for the dead.

- **White** - Worn during the Christmas, Easter seasons and celebrations of Mary, the Angels, Saints who were not martyrs, All Saints, Birth of John the Baptist, Chair of Peter, Conversion of Paul, St. John the Evangelist and is the preferred color for Masses for the dead..

- **Rose** - Worn on the 3rd Sunday of Advent (Gaudete Sunday) and the 4th Sunday of Lent (Laetare Sunday).

- **Black** - Was traditionally worn at Masses for the dead. Now the preferred color is White or Violet.



**Chasuble**  
(CHAZ-uh-  
buhl)

The sleeveless outer garment, slipped over the head, hanging

down from the shoulders covering the alb and stole of the priest. It is the proper Mass vestment for the main celebrant and its color varies according to the feast.



**Dalmatic** (dahl-MAT-ik)

A loose-fitting robe with open sides and wide sleeves worn by a deacon on more solemn feasts. It takes its color from the liturgical feast as listed above.



**Priest Stole**

A long cloth "scarf." According to the manner in which it worn it is the mark of the Office of the priest or deacon. A priest wears it around the neck, letting it hang down

in front.



**Deacon Stole**

A long cloth "scarf." According to the manner in which it worn it is the mark of the Office of the priest or deacon. A deacon wears it over his left shoulder, fastening it at his right side.



**Cassock** (KASS -uhk)

A long black garment worn by Altar Servers under the Surplice. Also worn by Diocesan Priests (Black), Monsignors

(Rose), Bishops (Violet), Cardinals (Red), and the Pope (White).



**Surplice**(SIR-plis)

This is a wide-sleeved garment, slipped over the head, covering the shoulders, and coming down below

the hips. It is worn over the cassock.



**Cope** (KOPE)

A cape-like garment which is put over the shoulders and hangs to the ankles, it is open in the front and

worn by a priest or deacon in processions at Benediction and in other services.



**Benediction Veil**

Also called the humeral veil. This is a long narrow shawl-like vestment used at Benediction.